

June 2019

Welcome to Full Day Preschool at Hitch School!

This packet contains ideas and activities you can do with your child to help get them ready for preschool next year.

Start practicing name writing now to ease the fear of writing it once school starts. Make it fun for your child. Have them practice writing their name using colored pencils, crayons, and markers. Squeeze some shampoo in a Ziploc bag, seal it, and have your child write their letters with their finger. Squirt some shaving cream on a table and your child can practice writing numbers letters and their name.

Here are some other summer tips:

-Keep bedtime in the routine. It may be a little later and there will be nights that bedtime doesn't apply. But overall, if we keep our bodies in a routine with sleep, August won't hit quite so hard.

-Encourage kindness. Find someone or several others that your child can do something simple to bring a smile. Deliver cookies, make a card, flowers, chores, a song...something simply for a smile.

-Don't rush to the rescue. Of course, our children need us. But they need us to let them learn to problem solve. If your child is in a situation that is frustrating, but not harmful (example: can't put together a new toy, can't open a lunchable, can't decide which color shirt to wear) let them work it out! It saves time and our nerves to just do it! But in the long run, it's holding children back from learning the basic and necessary skill to problem solve for themselves. Hang back...just a bit. They'll be okay!

-Read TO your child. We can't encourage reading enough! Please visit the library and make books a part of your summer days. Most importantly, let your child see you read: to yourself and to them. Let them hear your silly voices. Let them tell you the best parts and predict how it will end.

You will be receiving more information soon about the Meet and Greet, where you can drop off supplies (see attached "Wish List") and say hello to us. New parents will be encouraged to attend a New Family Orientation happening around the same time in August. Please keep up-to-date with our Hitch Community by following us on Facebook and subscribing to our school's weekly updates: www.hitchschool.org or by calling the main office at 773-534-1189.

Have a fun summer!

Hitch Preschool 2019-2020 Wish List

***There is no need to write your child's name on any of the supplies. In preschool, everything is shared.**

1 framed (if possible) photo of your child and his or her family to display in the classroom (will be returned at the end of the year)

ONE (1) 24-count Crayola crayon box

ONE (1) 8-count Crayola Washable Markers

ONE (1) 3-ring binder ($\frac{1}{2}$ inch ring size, hardcover)

TWO (2) containers of any color play-doh

THREE (3) Baby Wipes Packages

TWO (2) Clorox Wipes Containers

TWO (2) Tissue Boxes

TWO (2) Paper Towel Rolls

ONE (1) ream of copy paper

TWO (2) Glue Sticks

ONE (1) container Elmers Glue

ONE (1) change of clothes in a large ziplock bag with your child's name written on it in permanent marker.

If there is anything else you would like to purchase for our classroom, we always welcome donations with open arms.

Summer Recipes for FUN!

Most of the songs we sing in class are from a website/YouTube Channel called "Super Simple Songs." We really like "Do You Like Broccoli Ice Cream?", "The Hello Song", "Walking in the Jungle", "A Sailor Went to Sea", "5 Little Ducks", and of course, "Baby Shark!"

Let's Say a Finger Play!

This Little Girl

This little girl is Ready for bed. (Hold up index finger and wiggle.) On the pillow She lays her head. (Open palm and lay finger down.) Wrap the covers Around her tight. (Wrap fist around finger.) That's the way She spends the night. (Rock hand.) Morning comes, She opens her eyes. Off with a toss The covers fly. (Open fist.) She jumps out of bed, (Hold up finger.) Eats her breakfast, (Pretend to feed finger some food.) And brushes her teeth. (Pretend to brush teeth on finger.) She gets dressed and (Pretend to dress finger.) Brushes her hair. (Pretend to brush hair.) Now she's ready And on her way, (Dance finger around.) To work and play At school all day.

This little boy... (Do similar motions with the opposite index finger.)

Let's Cook!

Fire Cracker Sandwich

You will need:

slice of bread, peanut butter, jelly, tuna fish, or pimento cheese plastic wrap curling ribbon

Directions:

1. Wash your hands
2. Cut the crust off your bread
3. Flatten the bread with the palm of your hand.
4. Spread peanut butter, tuna, or pimento cheese on the bread.
5. Roll it up.
6. Wrap it in plastic wrap.
7. Twist the ends, and then tie with ribbons to resemble a firecracker.

Let's Make Something!

Finger Painting and Water Painting

Squirt shaving cream on a cookie sheet or smooth surface for ooey goeey fun. You can also finger paint with shaving cream on windows. Hose them off when you're finished.

Fill a sand bucket or plastic bowl with water. Give children an old paintbrush or sponge

and let them paint the house, trees, sidewalk, or their bike. You can also put water in an empty squirt bottle and invite them to squirt and water the flowers, grass, etc

Let's Explore!

Dirt Diggers

Materials: sand shovel or large spoon, plastic container, magnifying glass, tweezers, newspaper or large flat pan

Directions: Go outside and dig up some dirt from under a bush or tree. Spread the dirt out on the newspaper or a large pan. Use the magnifying glass to look at the dirt. What do you see? Can you tell a story from the bits of things you find in the dirt? Use the tweezers to separate the objects you find.

Adaptations: Collect soil samples from different areas of your yard and place in a plastic bag and label. How are the soil samples different? Why?

Let's Play!

Tents are fun to build, hide in, read a book, or play with a friend!

Card Table Tent

Drape a blanket over a card table or picnic table. Spread a sleeping bag on the ground for a cozy retreat.

Porch Railing Tent

Pin one end of a blanket to the railing of a deck or porch. Pull out the opposite end and secure at an angle with bricks or rocks. This is a "cool" place for a game or nap from the summer sun.

Cardboard Castle

An appliance box or other large box can be a "castle" to a child. Cut out a door and windows with a utility knife. (An adult will need to do this!) Let the children decorate with paints, markers, or crayons.